

ACTIVITY	TIME SPENT (%)	NOTES
OTHER		
EXISTING BUSINESS		
NEW BUSINESS		
SALES		
HR		
ACCOUNTS		
NETWORK MARKETING		

Notes & Time Split

Remember, Reflection Is Key.

What went well?

What could have gone better?

What took too much?

What did you love?

What didn't get done?

GOALS - OCTOBER 2024

Goal 1:

Goal 2:

Goal 3:

For More Weekly
Hints And Tips,
Remember To Follow
CBC on Instagram



Cheshire Business Coaching

OCTOBER 2024
Accountability
Calendar

Use this to track your month in real time.

"You can't change what you don't measure"



dave@cheshirebusinesscoaching.com

Goal Related Tracking

OCT 2024

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	
7	8	9	10	11	12	6
14	15	16	17	18	19	13
21	22	23	24	25	26	20
28	29	30	31			27